

INITIATIC JOURNEY TO MOUNT SHASTA SEPTEMBER 12 - 18, 2010 DEBORAH HELLMAN & DEBORAH MILLS

Thank you for your interest in joining us on this Initiatic Journey to Mount Shasta.

Before you come: Please read the Telos Books 1-3 which is required reading in preparation for the journey. These books can be ordered through Mount Shasta Light Publishing at 530-926-4599 or on their website at www.mslpublishing.com

Getting to Mount Shasta, California: The two nearest airports are: Redding which is south of Mount Shasta and Medford which is north of Mount Shasta. From there you will need to rent a car or connect with someone in the group.

Accommodations: It is your responsibility to arrange and pay for your own accommodations. We are happy to help you find a roommate if needed. The central meeting place will be the Swiss Chalet Mount Shasta. For your convenience we have reserved 15 rooms at a special rate of \$78 per night. This price is for either single or double occupancy, there is a community kitchen, and breakfast is included. This is where the Telos groups often stay. They are small, clean, no frills, with a great accommodating staff, and a view of the mountain. Contact: Abel Lugin at 530-926-3446.

Other lodging suggestions: The Shasta MountInn Retreat and Spa www.shastamountinn.com 530-926-1810, Best Western Tree House Motor Inn www.bestwesterncalifornia.com 530-926-3101. Or for more choices: www.DiscoverOurTown.com

We look forward to sharing this deep and amazing journey with you!

Deborah & Deborah

Please don't hesitate to call or email us with your questions: Deborah Hellman 828-215-7300 gridlink@aol.com or Deborah Mills 310-924-2462 or damills720@aol.com.

Registration

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____ Country: _____

Phone: (____) _____ Cell:(____) _____ email: _____

Select Method of Payment: Check Credit Card

Select Registration Type: \$200 Deposit * \$500 Pay in Full

*Registration Balance is due on August 15, 2010.

If Paying by Check: Please make check out to: Deborah Hellman at 162 Morningside Dr. Asheville, NC 28806

If Paying by Credit Card: Please make payment on line at www.SoulFocusedHealing.com