

ADVANCED INITIATIC JOURNEY TO MOUNT SHASTA

SEPTEMBER 11 - 16, 2011

DEBORAH HELLMAN & DEBORAH MILLS

The Advanced Initiatic Journey will go to new sites and connect deeper with the Lemurian energies and Telos.

THE ITINERARY: The journey will begin with a group gathering on Sunday the 11th & 16th at 7:00 pm. Monday is Day 1. It is highly suggested you give yourself a day or half day to integrate on Mount Shasta when the group is over.

DAY 1... Stuart Mineral Springs for purification and cleansing. Lunch and group time and a visit to the Etheric Temple of Healing with a guided meditation.

DAY 2... A day on Mt Shasta with visits to Panther Meadow and Squaw Meadow connecting with the Masters and Telothians.

DAY 3... Boat ride on Lake Siskiyou enjoying the beauty of the lake and the majesty of the mountain. In the afternoon there will be Crystal Bowl ceremony and in the evening a meditation/healing session at the house.

DAY 4... A journey to McCloud Park, an ancient Native American sacred site. This is where you can interact with Nature Spirits and meet the etheric children of Telos. Guided group meditation, group sharing and lunch. An adventure to Plutos Caves in the afternoon..

DAY 5... Ascension Ceremony Initiation. This ceremony will accelerate your journey toward self-realization. Group gathering and closing dinner at 6:30 pm.

BEFORE YOU COME: 1) Be physically, mentally, and spiritually fit.
2) Required reading is "Unveiled Mysteries" by Geoffrey Ray King.

GETTING THERE: The two nearest airports are: Redding which is south of Mount Shasta and Medford which is north of Mount Shasta. From there you will need to rent a car or connect with someone in the group.

ACCOMMODATIONS: It is your responsibility to arrange and pay for your own accommodations. We are happy to help you find a roommate if needed. The Swiss Holiday Chalet Mount Shasta is convenient, has a community kitchen, and breakfast is included. The rooms are small, clean, no frills, with a great accommodating staff, and a view of the mountain. Contact: Abel Luguin at 530-926-3446. Other lodging suggestions: The Shasta MountInn Retreat and Spa www.shastamountinn.com 530-926-1810, Best Western Tree House Motor Inn www.bestwesterncalifornia.com, 530-926-3101. Or for more choices: www.DiscoverOurTown.com. The best way to find a vacation home is www.VRBO.com.

REGISTRATION: Cost of the workshop is \$500.00. \$200 holds your place and is required by June 15th. Full payment is due by August 1st. Your journey begins when you register. Deposits can be made out and mailed to: Deborah Hellman 162 Morningside Drive, Asheville, NC 28806

FOR MORE INFORMATION: www.soulfocusedhealing.com or contact Deborah Hellman <Gridlink@aol.com> at 828 215-7300 or Deborah Mills <DAMills720@aol.com> at 310 924-2462.